



INDIANA SPORTS CORP CORPORATE CHALLENGE EVENT RULES – TEAM OBSTACLE RELAY

- Each company will be permitted to enter one (1) team of four (4) employees (each team must consist of two (2) males and two (2) females).
- One (1) male and one (1) female participant will start at one end and one (1) male and one (1) female participant will be at the opposite end of the course.
- The first runner will run through six (6) tires, run approximately 25 yards, hurdle a series of walls, run approximately 25 yards, complete the fence crawl, run approximately 25 yards to tag the second runner.
- The second runner will start his/her leg by jumping ten (10) times on a 12" jump box, go through a spider web obstacle, go up and over a series of sawhorse obstacles, run approximately 25 yards before tagging the third member of the team.
- Team member three (3) and four (4) will complete the same course as team members one (1) and two (2), respectively.
- Finally, the last runner, with help from as many team members as it takes, will flip a large tire located in the center of the course to finish. No cleats are permitted.
- Scoring and determination of finish place will be based on final elapsed time for the relay team.
- Five (5) second penalties will be assessed for each obstacle that is not successfully completed or if a team member takes off before the previous participant tags their hand.
- Participants CANNOT wear cleats during this event.

(All Obstacles Subject to Change)