I recently had my first conversation with a few of the biggest parts of Maryland's women's basketball team including Coach Frese and Diamond Miller. Starting off with Coach Frese, I asked her a few questions. She convinced me that she felt at home and is enjoying her spot at Maryland. She also told me how lucky she was to be able to be around so many great people including not only the players but also the staff and everyone who helps out there.

Although she is very lucky to be around everyone at Maryland, she earned it as many should be able to tell by how well her basketball team has been playing. She was rewarded with a massive contract consisting of a six year deal that will pay an annual salary of 1.4 million dollars! One of her big focuses for the team she told me was on rebounding. She said she was just recently focusing on getting better at defense and now that she feels they have gotten to a good point with that she says she's ready to go tackle her next goal as long as they stay consistent with their defense.

When I asked her for some advice she would give to others trying to become a coach or would like to be one someday. She told me, "you have to really work hard and it's not going to come easy but stick with it if you enjoy it." She also told me that one great inspiration that helped her get where she was today is Bill Fennely, the head coach of lowa State's women's basketball team. Frese worked beside Coach Fennely and an assistant coach as she says he helped her get into the position she is now.

Then I went on to talk to Diamond Miller. As she told me how she felt about her role on the team it was no question that she felt she belonged. When I asked her if she has any inspirational players she likes? She responded with Draymond Green because he is funny and is willing to do the dirty work and she added Kevin Durant for his athleticism and ability to get a bucket when needed. As I thought it was no surprise she liked these great players due to her similarity to them as she seems to always willing to get physical and is extremely talented. When I then asked her how she felt about her chances in the BIG 10 she told me, "it is anybody's game as it has been close all season long, it's just about who is going to work harder for it."

I then asked her another question on what she thinks she wants to do when it comes to basketball and what she wants to improve on. She told me she wanted to be consistent and improve on rebounding as Coach Frese mentioned earlier. Then when I asked her what she thought the most difficult team to face was she answered, "Ohio State is difficult and they have a lot of talent and I'm up for a challenge. In fact it's more fun to play them."

Diamond told me that if there is anyone out there wanting to play to the next level you got to work and put in the hours of course but also if you come across a challenge you have to face it. Whether it's injuries physically or emotionally you gotta push it to the side and continue to work even harder. One last question I asked her I'm sure she has been asked a lot was on how she got her name. As almost everyone in her family has a anna in their name consisting of her mom Dreana, her dad Lance and her three siblings Landen, Laniya, and Adreana. No surprise her parents wanted to switch it up and go with a unique name like Diamond.