



INDIANA SPORTS CORP CORPORATE CHALLENGE

FREQUENTLY ASKED QUESTIONS

CORPORATE CHALLENGE QUESTIONS

1. Can substitutions to the team roster be made on the day of the event? **We will not make any changes to the team's roster on the day of the event. However, should you have any issues with your bibs or timing chips, team captains should go to the "Participant Services Tent".**
2. If someone is participating in more than one timed event, do they need more than one timing chip? **Only one chip per participant is needed and will be used for multiple events. You must wear a timing chip for your race time to be scored. The Cycling Time Trial will use separate timing chips from the running events.**
3. Will there be timing mats at the start of the 5K and 10K? **Yes. Your time will start once you cross the start line.**
4. Does everyone on the relay team need a chip? **Just the anchor (final runner) needs a chip to record the teams finish time.**
5. Can we enter more than one person per age group in the 5K? **Yes. You can enter as many as you wish in the 5K, but only the top finisher per age group, per gender will score competitive points for your team. All runners who compete can score participation points if they are not the top finisher in their age group.**
6. Can we enter more than one person per age group in the ½ mile? **No. Due to space and time constraints, each team can only enter one person per age group, per gender.**
7. What activities will be available for the non-competing employees spouses and kids? **The events are only for company employees on the team roster, but there are several activities for family members and non-competing employees. There are activities for spectators and kids in the Family Fun Zone. Families members are also invited to the free picnic lunch (while food is available) which will be provided from 11-2 at the Indianapolis Motor Speedway. The Post Event Party is free and open to anyone 21 and older, and will feature live music, tailgate games and a complementary beer for each attendee. Kids (14 and older), friends and spouses are also welcome to participate in Yoga, Zumba, the 5k Fitness Walk. They will not receive points for these activities. Family members can earn points by donating blood or volunteering at the event. They can also register for the 5K or 10K races. Participants in the runs will not receive team points and must sign a waiver. Finally, the**

Miles Ahead MINI Cooper Challenge is also open to competing and non-competing employees as well as family members for \$40.

8. How can I earn points by volunteering?

Teams will receive team points based on the number of employees who volunteer for any Indiana Sports Corp event from May-until the Main Event of Corporate Challenge. Volunteers must be associated with a registered company and volunteer for a shift on our official Corporate Challenge TRS Volunteer Website. Family and friends can score points by volunteering and listing the company that they are representing. Volunteers must sign up in TRS, check-in for their shift, and stay the duration of their shift to receive team points.

- Division 1 teams will be awarded 10 points per volunteer shift. Teams can earn a maximum of 50 points.
- Division 2 teams will be awarded 10 points per volunteer shift. Teams can earn a maximum of 50 points.
- Division 3 teams will be awarded 5 points per volunteer shift. Teams can earn a maximum of 50 points.
- Division 4 teams will be awarded 5 points per volunteer shift. Teams can earn a maximum of 50 points

9. Do our family members have to pay a registration fee for the 5K Fitness Walk? **No.** For family and friends participating in the 5K Fitness Walk, they do not need to pay because they don't need the timing chip and bib. If a family member or a friend wants to run in the 5K or 10K with a timing chip and bib there is a \$10 registration fee.

10. Can spectators sit with the team in their designated team tent areas? **Families may sit in the same area as the team.**

11. Do we have to have a team uniform? **Each team should have their own team uniform shirt. Shirts should be the same color, so our volunteers can easily tell teams apart. Men's and women's cut shirts are allowed as long as they look similar. Wearing a team uniform during the opening weekend events isn't required.**

12. Will recovery refreshments be available at the finish line? **There will be fruit, water, and PowerAde available at the finish line and at various locations throughout the venue. This is complimentary and open to all Corporate Challenge attendees while supplies last.**

13. Can participants wear/listen to an iPod while running? **Yes**

14. What age group are you going to start with the ½ mile run? **To allow the maximum rest and recovery time for the older participants who competed in the distance events, the 20-**

29 age group will start first. The other age groups will follow in ascending order. Some age divisions may be combined based on participation numbers.

15. Does everyone on our individual Good Sport teams need to be present to compete in the events? **Yes, we ask that everyone from an individual Good Sports team participate in the Good Sport event all at once so our volunteers can track the scores.**
16. Do you need a full team to participate in the events? **While we highly recommend competing for a full team, there are certain events which allow you to compete with a partial team for partial points. Those include: 10K Run, 5K Run, ½ Mile, Cycling Time Trial, Basketball, Football Accuracy Throw, Soccer Shootout, Tug-of-War, and Sand Volleyball.**
17. Can our tug-of-war participants wear cleats? **Rubber or plastic cleats will be permitted, but no metal cleats are allowed. Gloves are also permitted, but will not be available by event management.**
18. What size footballs will participants use for the Football Accuracy Toss? **Full sized footballs will be used. Targets will vary in size and distance, with each target having a circular cutout to throw through. Participants cannot use their own footballs.**
19. Will the participants in the Golf Chipping Challenge shoot from natural or artificial turf? **Participants will hit from a grass surface.**
20. Will Golf Clubs be provided? **You may bring your own clubs, but wedges will be available for right and left handed golfers.**
21. Do I have to bring my own yoga mat? **There will be a limited amount of yoga mats available on-site, but we recommend you bring your own yoga mat. Friends and family participating in yoga will be required to bring their own mat.**
22. Are Yoga and Zumba advance level classes? **All classes will be offered for all skill levels. There is no prior experience needed in either activity to participate!**
23. Can I compete in both Zumba and Yoga? **Yes, there will be concurrently run classes at 8, 9, 10, and 11AM. Each team receives a maximum amount of points for participation events, but are allowed to have as many people compete in these events as they wish.**
24. Can youth sports equipment be donated at Indianapolis Motor Speedway on event day? **There is no equipment collection this year. There will only be monetary donations for Inspiring Sports Equipment for Kids (Formerly Geared for Health). All monetary donations are due at Woodland Bowl by 6PM on Saturday, August 17th or in advance online.**
25. Where is parking for the event? **Participants from the south, east and west will be directed to Lot 2 via two access points off Crawfordsville Road. Participants from the northwest will be directed to Turn 3 via Georgetown Road and participants from the northeast will be**

directed to the infield of Turn 3 via Hulman Boulevard. Speedway Police and IMS "Yellow Shirts" will be on-hand to keep traffic moving. As always, we recommend you arrive early (no later than 45 minutes before the start of your first event). Maps and detailed parking plans will be sent in August

26. Are Pets permitted at the Main Event? **No, please refrain from bringing your pet to the event. Service animals are permitted.**
27. Are the Corporate Challenge Training Series Event required? **These events are fun fitness and networking events that are open to anyone on your Corporate Challenge team, but they are not required. There is no cost to attend and beverages and light snacks will be available at each.**
28. Is the Corporate Wellness Award required and do the points count toward my team's score? **While the Corporate Wellness Award isn't require, submission is simple and it's encouraged from each team. The award is scored on its own points scale, and does not impact your team's overall Corporate Challenge team score.**

CYCLING QUESTIONS

1. What time do the riders need to arrive for the cycling event? Is there a check in process for them? **Each team captain will receive a sheet that highlights projected start times for each rider. Rider should arrive at least 30 minutes before their projected start time. They will report to the Check-In tent to receive their bib/disposable timing chip, and final instructions.**
2. If a cycling team only has 1 or 2 people sign up, can they still participate? **Each cycling team may have up to 5 riders on their team. If the team has less than 5 riders, that's fine; those riders can still participate. For scoring purposes, the team will receive last place plus 10 points for the score of each rider missing from that team. This is the same format for the 10K Run.**
3. Can more than 5 riders from each team participate in the cycling event? **Unfortunately, due to time restraints and competitive equality, each team will be limited to no more than 5 riders.**
4. Are participants required to wear a helmet? If they are just recreational riders, can they just wear shorts and a shirt? **All riders, no matter what their skill level, must wear a helmet otherwise they will not be allowed to participate. Cyclists can wear shorts and shirts. Cyclist must wear close-toed shoes.**
5. Do the bike riders have to provide their own bikes? **Each rider should bring their own bike to compete. You can share with a teammate, but bikes will not be provided for the event.**

6. Where is parking for the cycling event? **All riders should approach the Motor Speedway via 16th street and enter through the main entrance (Gate 2). Yellow shirt employees will be in place to direct your cyclists to the parking lot**

Cornhole & Volleyball QUESTIONS

1. Do participants need to pay the \$3 gate fee at Midwest Sports Complex? **In order to enter without paying a fee, all participants will need a parking pass to show at the guard shack. Passes will be handed out at the final Team Captain's meeting to the Team Captain's and can also be found on the Indiana Sports Corp website on the Corporate Challenge event page.**
2. Can we field a second team in cornhole or sand volleyball? **No. To keep things fair, we allow 1 team each event per company**

BOWLING QUESTIONS

1. Are spectators allowed to watch? **This event is open to spectators who wish to cheer on the team.**
2. Is food and beverages available? **Yes. Woodland Bowl has an over 21 bar/lounge where beverage and food may be purchased. There will also be a café available to purchase food.**
3. Can you bring your own equipment? **Yes. Shoes and balls will be provided to all participants, but you may bring your own equipment.**

ESPORTS QUESTIONS

1. Can our substitutes switch during a game? **No. Substitutes are only permitted to substitute another player in-between games.**
2. Can we bring our own controller? **Yes, but controllers will also be provided on-site.**
3. Can we choose what gaming system to play on? **No, all games will be played on the same system.**

Community & Compassion Events

1. Who do I make a check out to if donating monetarily to Inspiring Sports Grant Program? Checks can be made to Indiana Sports Corporation with Inspiring Sports Grant Program in the memo line.
2. Where do I drop off our donated food, sports equipment? There is no equipment collection this year. There will only be monetary donations for Inspiring Sports Equipment for Kids. All monetary donations are due at Woodland Bowl by 6PM on Saturday, August 17th or in advance online.
3. How long do teams have to do the blood drive with the Indiana Blood Center? Teams between May 1st and August 16th to earn points for donating blood. If you work with the Indiana Blood Center to hold a blood drive, please work with your local Indiana Blood Center representative to ensure they are tracking donations for Corporate Challenge points. If you are unsure of who your local Indiana Blood Center contact is, please check here: <https://www.versiti.org/ways-to-give/our-communities/indiana/isc-corporate-challenge>
4. Can my company donate with a different organization than Indiana Blood Center? Indiana Blood Center is the official blood drive partner of the Indiana Sports Corp Corporate Challenge and must be utilized to score points.