



INDIANA SPORTS CORP CORPORATE CHALLENGE

FREQUENTLY ASKED QUESTIONS

CORPORATE CHALLENGE QUESTIONS

1. Can substitutions to the team roster be made on the day of the event? **We will not make any changes to the team's roster on the day of the event.** However, should you have any issues with your bibs or timing chips, team captains should go to the "Participant Services Tent".
2. If someone is participating in more than one timed event, do they need more than one timing chip? **Only one chip per participant is needed and will be used for multiple events.** You must wear a timing chip for your race time to be scored. The Cycling Time Trial will use separate timing chips from the running events.
3. Will there be timing mats at the start of the ½ mile, 5K and 10K? **Yes. Your time will start once you cross the start line.**
4. Can we enter more than one person per age group in the 5K? **Yes. You can enter as many as you wish in the 5K, but only the top finisher per age group, per gender will score competitive points for your team. All runners who compete can score participation points if they are not the top finisher in their age group.**
5. Can we enter more than one person per age group in the ½ mile? **No. Due to space and time constraints, each team can only enter one person per age group, per gender.**
6. What activities will be available for the non-competing employees spouses and kids? **The events are only for company employees on the team roster, but there are several activities for family members and non-competing employees. Families members are also invited to the free picnic lunch (while food is available) which will be provided from 11-2 at the Indianapolis Motor Speedway. The Post Event Party is free and open to anyone 21 and older, and will feature live music, tailgate games and a complementary beer for each attendee. Kids (14 and older), friends and spouses are also welcome to participate in Yoga, Zumba, Total Body Fitness Class, and the 3k Fitness Walk. They will not receive points for these activities. Family members can earn points by donating blood or volunteering at the event. They can also register for the 5K or 10K races. Participants in the runs will not receive team points and must sign a waiver.**

7. How can I earn points by volunteering? Teams will receive team points based on the number of employees who volunteer for any Indiana Sports Corp event from May-until the Main Event of Corporate Challenge. Volunteers must be associated with a registered company and volunteer for a shift on our official Corporate Challenge Rosterfy Volunteer Website. Family and friends can score points by volunteering and listing the company that they are representing. Volunteers must sign up in Rosterfy, check-in for their shift, and stay the duration of their shift to receive team points.
- Division 1 teams will be awarded 10 points per volunteer shift. Teams can earn a maximum of 50 points.
 - Division 2 teams will be awarded 10 points per volunteer shift. Teams can earn a maximum of 50 points.
 - Division 3 teams will be awarded 5 points per volunteer shift. Teams can earn a maximum of 50 points.
 - Division 4 teams will be awarded 5 points per volunteer shift. Teams can earn a maximum of 50 points
8. Do our family members have to pay a registration fee for the 3K Fitness Walk? **No.** For family and friends participating in the 3K Fitness Walk, they do not need to pay because they don't need the timing chip and bib. If a family member or a friend wants to run in the 5K or 10K with a timing chip and bib there is a \$10 registration fee.
9. Can spectators sit with the team in their designated team tent areas? **Families may sit in the same area as the team.**
10. Do we have to have a team uniform? **Each team should have their own team uniform shirt.** Shirts should be the same color, so our volunteers can easily tell teams apart. Men's and women's cut shirts are allowed as long as they look similar. Wearing a team uniform during the opening weekend events isn't required.
11. Will recovery refreshments be available at the finish line? **There will be recovery food, water, and Gatorade available at the finish line and at various locations throughout the venue. This is complimentary and open to all Corporate Challenge attendees while supplies last.**
12. Can participants wear/listen to music/headphones while running? **Yes**
13. What age group are you going to start with the ½ mile run? **To allow the maximum rest and recovery time for the older participants who competed in the distance events, the 20-29 age group will start first. The other age groups will follow in ascending order. Some age divisions may be combined based on participation numbers.**

14. Does everyone on our individual Good Sport teams need to be present to compete in the events? **Yes, we ask that everyone from an individual Good Sports team participate in the Good Sport event all at once so our volunteers can track the scores.**
15. Do you need a full team to participate in the events? **While we highly recommend competing with a full team, there are certain events which allow you to compete with a partial team for partial points. Those include: 10K Run, 5K Run, ½ Mile, Cycling Time Trial, Basketball, Football Accuracy Throw, and Soccer Shootout.**
16. What size footballs will participants use for the Football Accuracy Toss? **Full sized footballs will be used. Targets will vary in size and distance, with each target having a circular cutout to throw through. Participants cannot use their own footballs.**
17. Do I have to bring my own yoga mat? **There will be a limited amount of yoga mats available on-site, but we recommend you bring your own yoga mat. Friends and family participating in yoga will be required to bring their own mat.**
18. Are Yoga, Total Body Fitness, and Zumba advance level classes? **All classes will be offered for all skill levels. There is no prior experience needed in either activity to participate!**
19. Can I compete in all participation events? **Yes, there will be concurrently run classes at 8, 9, 10, and 11AM. Each team receives a maximum amount of points for participation events, but are allowed to have as many people compete in these events as they wish.**
20. Can youth sports equipment be donated at Indianapolis Motor Speedway on event day? **There is no equipment collection. There will only be monetary donations for Inspiring Sports Equipment for Kids (Formerly Geared for Health).**
21. Where is parking for the event? **Participants from the south, east and west will be directed to Lot 2 via two access points off Crawfordsville Road. Participants from the northwest will be directed to Turn 3 via Georgetown Road and participants from the northeast will be directed to the infield of Turn 3 via Hulman Boulevard. Speedway Police and IMS "Yellow Shirts" will be on-hand to keep traffic moving. As always, we recommend you arrive early (no later than 45 minutes before the start of your first event). Maps and detailed parking plans will be sent in August**
22. Are Pets permitted at the Main Event? **No, please refrain from bringing your pet to the event. Service animals are permitted.**

CYCLING QUESTIONS

1. What time do the riders need to arrive for the cycling event? Is there a check in process for them? Each team captain will receive a sheet that highlights projected start times for each rider. Rider should arrive at least 30 minutes before their projected start time. They will report to the Check-In tent to receive their bib/disposable timing chip, and final instructions.
2. If a cycling team only has 1 or 2 people sign up, can they still participate? Each cycling team may have as many riders on their team as they wish, however only the top 5 will score competitive points. If the team has less than 5 riders, that's fine; those riders can still participate. For scoring purposes, the team will receive last place plus 10 points for the score of each rider missing from that team. This is the same format for the 10K Run.
3. Are participants required to wear a helmet? If they are just recreational riders, can they just wear shorts and a shirt? All riders, no matter what their skill level, must wear a helmet otherwise they will not be allowed to participate. Cyclists can wear shorts and shirts. Cyclist must wear close-toed shoes.
4. Do the bike riders have to provide their own bikes? Each rider should bring their own bike to compete.
5. Where is parking for the cycling event? All riders should approach the Motor Speedway via 16th street and enter through the main entrance (Gate 2). Yellow shirt employees will be in place to direct your cyclists to the parking lot

Cornhole questions

1. Can we field a second team in cornhole? No. To keep things fair, we allow 1 team each event per company

Community & Compassion Events

1. Who do I make a check out to if donating monetarily to Inspiring Sports Grant Program? Checks can be made to Indiana Sports Corporation with Inspiring Sports Grant Program in the memo line.
2. Where do I drop off our donated food, sports equipment? There is no equipment collection this year. There will only be monetary donations for Inspiring Sports Equipment for Kids.
3. How long do teams have to do the blood drive with the Versiti Blood Center of Indiana? Teams between June 1st and August 12th to earn points for donating blood. If you work with

the Versiti Blood Center of Indiana to hold a blood drive, please work with your local Versiti Blood Center of Indiana representative to ensure they are tracking donations for Corporate Challenge points. If you are unsure of who your local Versiti Blood Center of Indiana contact is, please contact Joe McGrath at jmcgrath@Versiti.org or (317) 371-6307.

4. Can my company donate with a different organization than Versiti Blood Center of Indiana? No, it must be with the Verisit Blood Center of Indiana. Employees may donate at any mobile drive or center between June 1 and August 19. To be sure you are credited with points for your company for attempting to donate, please make sure to add "ISC 2022" followed by your company's name in the appointment notes in order to qualify. Without this information, we will be unable to credit your donation back to your company.