

Domination at its Finest

An interview with former Indiana football player Nick Westbrook and current Indiana football player Cam Camper.

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The Junior from Lanchester, Texas is no stranger to big moments. Cam Camper has had an impactful first season with the Hoosiers. This season Cam has caught 2 touchdowns, 569 receiving yards, and has had 49 receptions this season. I chose Cam because he stuck out to me the first time I saw him step out onto the field and I love how passionate he is for the game. I love how he hustles and tries his best every game.

Titans wide receiver Nick Westbrook has had a great season this year with the Titans. He has 2 touchdowns, 285 yards, and 14 receptions. This season Nick had a career day playing the Broncos. He had 2 touchdowns, 119 yards, and 5 receptions. Nick and I had a chance to meet and I think he is a great guy. I love the way he plays on the field.

I sat down with both of these athletes, and we talked about how their football careers were similar not only at IU but also the NFL. I was privileged enough to have a Zoom call with both of them, and we talked about what their lives as a Hoosier was like.

Nick Westbrook's favorite drill vs Cam Camper

When I asked Nick what his favorite drill at practice was he said “Routes On Air.” “Routes On Air” is when the wide receiver will run certain routes, such as routes they have during the week and the quarterback will throw to the wide receivers.

“Red Zone Knockout” is Cam Camper’s favorite drill. “Red Zone Knockout” is when the defense and the offense scrimmage in the red zone. If the offense scores a touchdown, they get 7 points. If the defense stops the offense completely, they get 7 points. If the offense scores a field goal, they get 3 points. The first team to score 18 points wins.

How does Nick Westbrook get ready for game day vs Cam Camper?

All through the week with Nick’s team they work on 1st, 2nd, 3rd, and 4th down situations. The day before the game his team does a walk through of the game and then he says, “It is all mental from there.”

Cam prepares himself to make game day easy for himself. Cam listens to his game day playlist to get hyped up and he makes sure he eats well before the game.

What does Nick Westbrook do in his freetime vs Cam Camper?

Nick loves to play golf with his friends. He also likes to hang out with his family and take his dog on walks and go to the park.

Cam Camper likes to watch YouTube and watch game highlights. He loves to eat! His favorite restaurant in Bloomington is Longhorn Steakhouse.

What does Nick Westbrook do to prepare his mind for game day vs Cam Camper?

Nick goes to see his mental performance coach on Friday and he will meditate to get his mind ready for the game.

Cam talks to himself throughout the week and makes sure he is doing the right thing in the game. He also loves to listen to music throughout the week.

What was Nick Westbrooks favorite part about his team vs Cam Camper?

Nick says he loves his wide receiver group and he is very close to his teammates. Cam's favorite part of his team is that they stick together through the ups and down and they pick each other up when they make a mistake.

What was Nick Westbrook's favorite part about being a Hoosier vs Cam Camper?

Nick said he loved Bloomington and thought it was a great college town and a great atmosphere. Cam likes the love from all his teammates and coaches, and he loves the atmosphere around him during games.