



INDIANA SPORTS CORP CORPORATE CHALLENGE

EVENT RULES – CYCLING TIME TRIAL

- Each team will be permitted to enter a team consisting of a total of five (5) cyclists; a full team of (5) riders must consist of at least one (1) male and one (1) female.
- Cyclists will ride the six-mile course as fast as they can during this individual time trial.
- Riders will begin the time trial at the start line 10-seconds apart from each other.
- Team scoring will be by cross country method based on individual overall finish place (lowest combined team finishing position wins the event).
- Should a team have less than five riders, then all remaining team scorers will be assigned a finishing position equal to last place plus 10 positions.
- Traditional upright bicycles will be permitted. This includes road bikes, time trial bikes, disc wheel bikes, and mountain bikes. Recumbent bikes **will** be permitted but must include a safety flag that stands at least 4 feet off the ground.
- No drafting will be permitted.
- Each rider is required to wear a helmet to compete.
- **This event will use the competition chip technology for scoring purposes and specific event bibs will be distributed at check-in on the day of the event.**

SAFETY REQUIREMENTS AND RULES

- Ride with your head up and be aware of the road, riders and other situations in front of and around you.
- The course will not be open for warm-up on race day. There will be areas in IMS to warm up.
- Helmet use is mandatory. Please be sure that your helmet fits securely and is adjusted so that at least half of the forehead is covered.
- You must provide your own bike. Acceptable bikes include road bikes, time trial bikes, disc wheeled bikes, mountain bikes and recumbent bikes.

DRAFTING AND PASSING

- DRAFTING IS FORBIDDEN! A rider is considered to be drafting if s/he rides behind another rider closer than 5 bike lengths for more than 15 seconds. You must pass riders within a 15 second window and if this is not possible, you must keep at least a 5 bike length gap between yourself and the rider in front of you. The penalty for drafting will be disqualification from the event with no points awarded. Volunteers will be present to help observe that all riders are riding by the rules. Representatives from Indiana Sports Corp will have final authority regarding the drafting rules and disqualifications.
- PASSING: Allow plenty of room when passing other cyclists, pedestrians, etc. and communicate before passing by saying "ON YOUR LEFT" and then go around. Always pass on the left.
- If you are passed by another participant and you attempt to stay with the rider, you must allow a 5 bike length gap to avoid drafting penalties as described above.

RACE DAY PROCEDURES

- Check in at the Pagoda (Green Room) near the start line at least 15 minutes prior to your ride time
- Verify your start time at check-in and report to the start line. Please report to the start line area at least 10 minutes before your start time.
- Bibs/timing chips will be distributed when you check-in on the day of the event. Your bib contains a timing chip that will be triggered when crossing the timing mats. DO NOT CROSS OR RIDE NEAR THE TIMING MATS BEFORE YOU RIDE. Once finished, you do not need to turn in your bib.
- Riders will leave the start line every 10 seconds.
- Refreshments will be available at the conclusion of your time trial ride.
- Should medical assistance be required, an ambulance will be on-site near the start/finish line.
- Results will be posted after all riders have completed the event on the Tuxedo Brothers web site at www.tuxbro.com.