



INDIANA SPORTS CORP CORPORATE CHALLENGE EVENT RULES – MOVEMENT CHALLENGE

Movement Challenge Rules:

From August 8-August 18 (5PM) companies can compete in a virtual Movement Challenge. Employees will manually log miles ran, walked, hiked or jogged with a tracking platform that will be provided to all registered participants. A conversion chart will be provided to convert non-step-based activities such as cycling or yoga to Movement Challenge miles. 300 points will be awarded for teams that hit various milestones based on division. Awards will be distributed to the top team in each division and top two overall participants. Milestones that must be reached to earn points are as follows:

- Division 1 – 500 miles
- Division 2 – 1,000 miles
- Division 3 – 1,500 miles
- Division 4 – 2,000 miles