



CORPORATE WELLNESS AWARD

| Action | Point Value | Description/Details | Completed |
|---|-------------|---|-----------|
| Organize a Corporate Challenge Training Day | 5 | To borrow equipment. contact corporatechallenge@indianasportscorp.org | |
| Take a group "training" run/walk | 5 | Must include 5 or more employees | |
| Post photo of training activity on social media using #CorporateChallenge | 3 | Tag Indiana Sports Corp (Twitter: @IndSportsCorp, Facebook: Indiana Sports Corp; Instagram: @IndSportsCorp) | |
| Post video of training activity on social media using #CorporateChallenge | 5 | Tag Indiana Sports Corp (Twitter: @IndSportsCorp, Facebook: Indiana Sports Corp; Instagram: @IndSportsCorp) | |
| Max out participation event points | 15 | | |
| Max out participation in the Community & Compassion events | 5 | Donations to the Inspiring Sports Grants & Equipment for Kids and the Indiana Blood Center | |
| Volunteer at the Corporate Challenge | 5 | 1 point per volunteer up to 5 points. Volunteers can be employees, friends or family. | |
| Post a CEO Selfie on Twitter at one day of the event | 5 | Must tag @IndSportsCorp and use the hashtag #CEOSelfie | |
| Attend Training Series event #1: Community Run | 3 | Athletic Annex Broad Ripple – June 20 | |
| Attend Training Series event #2: Cornhole Tournament | 3 | TwoDEEP Brewery – July 10 | |
| Attend Training Series event #3: Cycling Open Ride | 3 | Indianapolis Motor Speedway – August 2 | |
| Submit an "Athlete Spotlight" or Corporate Challenge Success Story | 3 | Submit brief profile to CorporateChallenge@IndianaSportsCorp.org Subject: "Athlete Spotlight" | |
| Submit a t-shirt design for the Golden Hanger Award | 2 | Submit to CorporateChallenge@IndianaSportsCorp.org by 8/17 | |
| Register an employee for their first ever competitive race | 3 | Qualified events: 10K, 5K Run, 1/2 Mile, Medley Relay, Cycling TT | |
| Register a team in the CCA Corporate Challenge Training League | 5 | http://www.ccasports.com/sport/Corp_League | |
| Send intern(s) to the Corporate Challenge Intern Networking Event | 3 | Held August 22 at IMS during the Cycling Open Ride | |
| Join the Corporate Challenge Team Captain Facebook Group | 2 | Search "Indiana Sports Corp Corporate Challenge Team Captains Portal" on Facebook and click "Join" | |

Company Name: _____

Submit this form to CorporateChallenge@IndianaSportsCorp.org by August 29th for eligibility